



SportsMed Team Based EMS

*Improving Player Safety through **Emergency Medical Preparedness***

Save the Date: June 18th, 2020 from 9am-12pm in Orlando, FL

3 BOC CEU's provided

***EMS Case Reviews from the 2019-20 season: 30 min**

Hands-on EMS training stations:

- 1) Managing Cardiac Arrest** as a team (Compressions/AED/Airway/Mechanical CPR Devices and ROSC)
- 2) Spinal Stabilization/SMR** using a Board and Scoop (Provide SMR on prone and supine patients)
- 3) Patient Management** on the ice, in the locker room, and in-flight. (Vitals, Primary & Secondary Surveys)
- 4) Stop the Bleed** (Managing severe skate lacerations - Direct Pressure, Tourniquets, and Combat Gauze)

This presentation by Pro Sports EMS (PSE) will provide case reviews from EMS incidents during the 2019-20 season. Participants will have the opportunity to learn how EAP's performed, what treatment options worked best, and what situations were the most challenging.

The hands-on training portion of the course will focus on teamwork, and critical thinking, while managing medical emergencies.

Topics discussed in this session involve team-based high-performance CPR/airway mgmt. and managing return of spontaneous circulation (ROSC), spinal motion restriction (SMR), hemorrhage control, and managing medical incidents on and off the ice. All instruction will be focused on evidence-based practices currently used nationally in EMS training programs. Participants will have a simulated hands-on experience, using EMS equipment to evaluate and treat injured athletes. *The instructors for this course will be paramedics and emergency medicine physicians who provide the EMS stand-by services during NHL games.*

Learning objectives:

- Participants will have the opportunity to review and learn how actual emergency medical incidents are managed in a team approach by their peers and local EMS providers.
- Participants will be able to express how to manage injured/ill athletes while waiting for emergency medical response resources to arrive.
- Participants will be able to role play in different on-ice, off-ice and in-flight emergency scenarios.
- Participants will be able to choose the proper course of action to use during emergency situations while traveling with a team. (Developing Travel/In-Flight EAP's)

Course Fees: NHL/AHL- \$150.00 / NHLTPS members also welcome
Associate Members- \$75.00